

FALL PSYCHIATRIC SYMPOSIUM 2025



NOVEMBER 20-21 → 8:30 AM - 4:30 PM
KNOXVILLE CONVENTION CENTER

Presented by The Mental Health Association of East Tennessee
and our Partners:

University of Tennessee Medical Center

University of Tennessee Graduate School of Medicine

National Association of Social Workers - TN Chapter

Tennessee Association of Mental Health Organizations (TAMHO)



REGISTER BY MAIL OR ONLINE AT:
<https://www.mhaet.com/symposium2025/>



FOR ONLINE
REGISTRATION

CONTINUING EDUCATION INFORMATION

It is the responsibility of the event attendee to use their professional judgment to justify that the continuing educational programs attended meet the guidelines of their respective licensure or certification boards/agencies and is relevant to their professional practice.

Physicians:

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the University of Tennessee College of Medicine and Mental Health Association of East Tennessee. The University of Tennessee College of Medicine is accredited by the ACCME to provide continuing medical education for physicians. The University of Tennessee College of Medicine designates this live activity for a maximum of 12 AMA PRA Category 1 Credits TM. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

PAs, NPs, and Nurses:

Physician Assistants, Nurse Practitioners and Nurses may use these credit hours toward certification renewal. This credit is acceptable by the American Academy of Physician Assistants (AAPA), American Nurses Credentialing Association (ANCC) and the American Academy of Nurse Practitioners (AANP). Nurses requesting CME will be contacted to provide the CME credit documentation fee.

Nurses:

This event provides up to 12 ANCC contact hours through the University of Tennessee Medical Center. The University of Tennessee Medical Center is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation.

Social Workers:

This program was approved by the National Association of Social Workers – Tennessee Chapter (Provider Number: NASWTN2025-0108) for up to 12 continuing education units. Professionals in attendance at this conference are encouraged to review Chapter 1365-1 to ensure the workshop they are attending is applicable and appropriate to their professional development. The Tennessee Board of Social Work Certification and Licensure does not preapprove continuing education programs. It is the responsibility of the LMSW/LCSW, using their professional judgment, to justify that the continuing educational program meets the guidelines of Chapter 1365-1 and is relevant to their professional practice.

Psychologists:

As stated within the rules of the Tennessee Board of Examiners in Psychology - Psychologists, Senior Psychological Examiners, and Psychological Examiners are required to obtain forty (40) hours of continuing education (CE) credit every two (2) years. This CE shall be acquired in the two (2) calendar years (January 1 - December 31) prior to the licensure renewal year. A minimum of twenty (20) of these hours must involve the opportunity for real time interaction during the event. At least nine (9) of the forty (40) hours must consist of continuing education provided by an APA approved sponsor. Per Rule 1180-01-08 Other Sponsor Approved Continuing Education - These are formal activities which are psychological in nature, provide documentation of attendance, and have a pre-assigned number of CE credits. Offerings can be sponsored by a regional psychological association, a state psychological association, a recognized and relevant national, regional or state professional credentialing body. CE Certificates will be provided by NASW-TN to Psychologists

Licensed Professional Counselors, Licensed Marriage and Family Therapists & Other Professionals Not Listed:

Attendance at educational events sponsored by national, state, regional, or local professional associations in the field; or events related to the practice of the profession for which a nationally or regionally accredited institution of higher education grants CEUs. Each person must retain proof of attendance and completion of all CE requirements. This documentation must be retained for a period of four (4) years from the end of the calendar year in which the CE was acquired. CE Certificates will be provided by NASW-TN to Licensed Professional Counselors, Licensed Marriage and Family Therapists & Other Professionals not listed.

CONFERENCE LEARNING OBJECTIVES

- PARTICIPANTS WILL BE ABLE TO DESCRIBE STEPS TO IMPROVE HEALTH OUTCOMES FOR CO-OCCURRING PSYCHIATRIC AND SUBSTANCE USE DISORDERS
- PARTICIPANTS WILL BE ABLE TO DISCUSS EMERGING APPROACHES TO TREATMENT RESISTANT DEPRESSION, BIPOLAR DISORDER, SLEEP AND PSYCHOPHARMACOLOGY
- PARTICIPANTS WILL BE ABLE TO DESCRIBE ADDICTION TREATMENT MODELS AND INTERVENTION STRATEGIES
- PARTICIPANTS WILL BE ABLE TO REVIEW AND DISCUSS CULTURAL AND ETHICAL PRACTICE APPROACHES

MEET OUR SPEAKERS



Brittany Albright, MD



Terry Casey, PhD



Craig Chepke, MD



Les Citrome, MD



Bree Conklin, DSW,
LCSW



Lane Cook, MD



Charles Galyon,
PhD



Kristina Gordon,
PhD



Tammy Hanson,
MSW, LCSW,
MAC, LCAS



Terra Holbrook,
LCSW, CADC, CSAT



Michelle Holleman,
MS, LCAS, CSAT,
CCPT, CMAT, PhD
Candidate



Kelly Little, MSW



Roger McIntyre, MD



Siobhan Morse,
MHSA, CRC, CAI,
MAC



Charles Odell, MSW

SPONSORS & EXHIBITORS

CONTACT BEN HARRINGTON AT [BEN@MHAET.COM](mailto:ben@mhaet.com)

*NOTE: FOR SYMPOSIUM QUESTIONS, CONTACT [INFO@MHAET.COM](mailto:info@mhaet.com)

EVENT SCHEDULE

NOVEMBER 20, 2025 @ KNOXVILLE CONVENTION CENTER

8:30 AM - 10:00 AM
KEYNOTE

Sex, Drugs, and Mental Health: A Clinician's Guide to
Desire & Dysfunction
Brittany Albright, MD

10:00 AM

BREAK

10:30 AM - NOON
CONCURRENT
SESSIONS

A1 Opioids: History & Current Challenges
Charles Odell, MSW

A2 Benzos: The Good, Bad & Ugly
Lane Cook, MD

A3 When Less is More: Effective, Brief Approaches to Couples Therapy
Kristina Gordon, PHD

12:00 PM

**NETWORKING LUNCH
OR LUNCH & LEARN (SPONSORED BY AXSOME)
(CHOOSE ON REGISTRATION)
*NOTE: NOT FOR CME**

1:15 PM - 2:45 PM
CONCURRENT
SESSIONS

A4 Ethics With The Stars: Popcorn, Pitfalls, & Poor Decisions (Part 1)
Tammy Hanson, MSW, LCSW, MAC, LCAS

A5 Are GLP-1's Capable of Treating & Preventing Mental Disorders?
Roger McIntyre, MD

A6 Tangled Wires: Functional Neurological Disorder
Charles Galyon, PhD

2:45 PM

BREAK

3:00 PM - 4:30 PM
CONCURRENT
SESSIONS

A7 Ethics With The Stars: Popcorn, Pitfalls, & Poor Decisions (Part 2)
Tammy Hanson, MSW, LCSW, MAC, LCAS

A8 Treatment Resistant Depression: Treatment Resistance or the
Wrong Treatment?
Roger McIntyre, MD

A9 Peers In The Treatment of Co-Occurring Disorders
Siobhan Morse, MHSA, CRC, CAI, MAC

EVENT SCHEDULE

NOVEMBER 21, 2025 @ KNOXVILLE CONVENTION CENTER

8:30 AM - 10:00 AM
KEYNOTE

Sleep is the Foundation of Mental Health: The Bidirectional Relationship of Sleep and Psychiatric Conditions
Craig Chepke, MD

10:00 AM

BREAK

10:30 AM - NOON
CONCURRENT
SESSIONS

B1 The "Pot" Thickens: Debunking Misconceptions & Exploring Clinical Implications of Unregulated Substances
Kelly Little, MSW

B2 Interventional Psychiatry
Brittany Albright, MD

B3 They Didn't Teach Us This in Grad School: Overlooked Ethical & Legal Pitfalls in Psychotherapy
Terry Casey, PHD

12:00 PM

**NETWORKING LUNCH
OR LUNCH & LEARN (SPONSORED BY
INTRACELLULAR)
(CHOOSE ON REGISTRATION)
*NOTE: NOT FOR CME**

1:15 PM - 2:45 PM
CONCURRENT
SESSIONS

B4 Treating Addiction Through the Trauma Lens
Terra Holbrook, LCSW, CADC, CSAT

B5 Differentiating Tardive Dyskinesia: Early Identification and Treatment
Les Citrome, MD

B6 Did You Know? New Tennessee Laws & Ethical-Legal Hazards
Terry Casey, PhD

2:45 PM

BREAK

3:00 PM - 4:30 PM
CONCURRENT
SESSIONS

B7 How to Identify Sex and Porn Addiction in Your Clients
Michelle Holleman, MS, LCAS, CSAT, CCPT, CMAT, PhD Candidate

B8 When Does a Difference Make a Difference: How to Figure Out What's Important in Clinical Trials
Les Citrome, MD

B9 Using the Neurosequential Model of Therapeutics (NMT) as a Framework for Traumatic Grief
Bree Conklin, DSW, LCSW

HOTEL INFORMATION



Scan the QR Code for guest room booking at the Symposium special rate - \$189 per night! Book for your **discounted** guest room rate with The Mental Health Association of East TN at the Marriott Knoxville!

SPONSORS





**FOR ONLINE
REGISTRATION**

NAME: _____

DEGREES: _____

EMPLOYER: _____ NPI # _____

EMAIL: _____

ADDRESS: _____

CITY/STATE/ZIP: _____

PHONE: _____

28th FALL PSYCHIATRIC SYMPOSIUM CE's / CME's for:

- Nursing
- Psychology
- LADAC
- LPC – MHSP
- Physician
- Social Work
- LMFT
- Other _____

- Standard Meal
- Gluten Free Meal
- Vegetarian Meal
- Other _____

- Attend Free Thurs Lunch & Learn Meal (Limited Seating)
- Attend Free Fri Lunch & Learn Meal (Limited Seating)

*****ALL ATTENDEES MUST BE REGISTERED & PAID!**

ONLINE REGISTRATION ONLY PLEASE!

**OR - MAIL WITH CHECK
NO CREDIT CARD BY PHONE OR MAIL**

***GROUP DISCOUNTS AVAILABLE: Groups of 5-9 (5% discount); Groups of 10+ (10% discount). To qualify, individuals must be registered at the same time with corporate or clinic payment. Please reach out to INFO@MHAET.COM for registration and payment arrangements.**

Discounted Rates by November 1, 2025

- Thursday Only \$220 (Students w/ID \$144)
- Friday Only \$220 (Students w/ID \$144)
- Thursday & Friday \$330 (Students w/ID \$215)
- \$10 Nurse CE Certificate Fee Required

Regular Rates by November 12, 2025

- Thursday Only \$253 (Students w/ID \$166)
- Friday Only \$253 (Students w/ID \$166)
- Thursday & Friday \$380 (Students w/ID \$247)
- \$10 Nurse CE Certificate Fee Required

Late Rates on or after November 13, 2025

- Thursday Only \$299 (Students w/ID \$196)
- Friday Only \$299 (Students w/ID \$196)
- Thursday & Friday \$448 (Students w/ID \$291)
- \$10 Nurse CE Certificate Fee Required

On- Site (if space is available)

- Thursday Only \$400
- Friday Only \$400
- Thursday & Friday \$600
- \$10 Nurse CE Certificate Fee Required

***Note: MHAET reserves the right to close registration at any time!**

Choose one session for each break-out to ensure seating is available:

Thursday 10:30 AM to 12:00 PM

- A1 - Opioids: History & Current Changes
- A2 - Benzos: The Good, Bad & Ugly
- A3 - Effective Approaches to Couples Therapy

Thursday 1:15 PM to 2:45 PM

- A4 - Ethics with the Stars: Popcorn, Pitfalls, & Poor Decisions (Part 1)
- A5 - Are GLP-1s Capable of Treating & Preventing Mental Disorders
- A6 - Tangled Wires: Functional Neurological Disorder

Thursday 3:00 PM to 4:30 PM

- A7 - Ethics with the Stars: Popcorn, Pitfalls, & Poor Decisions (Part 2)
- A8 - Treatment Resistant Depression: Treatment Resistance or the Wrong Treatment
- A9 - Peers in the Treatment of Co-Occurring Disorders

Friday 10:30 AM to 12:00 PM

- B1 - The "Pot" Thickens: Debunking Misconceptions & Exploring Clinical Implications of Unregulated Substances
- B2 - Interventional Psychiatry
- B3 - They Didn't Teach Us This in Grad School: Overlooked Ethical & Legal Pitfalls in Psychotherapy

Friday 1:15 PM to 2:45 PM

- B4 - Treating Addiction Through the Trauma Lens
- B5 - Differentiating Tardive Dyskinesia: Early Identification & Treatment
- B6 - Did You Know?: New Tennessee Laws & Ethical – Legal Hazards

Friday 3:00 PM to 4:30 PM

- B7 - How to Identify Sex and Porn Addiction in Your Clients
- B8 - When Does a Difference Make a Difference: How to Figure Out What's Important in Clinical Trials
- B9 - Using the NMT as a Framework for Traumatic Grief

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9050 Executive Park Dr.
Suite 104-A
Knoxville, TN 37923

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KNOXVILLE, TN
Address Correction Requested



MENTAL HEALTH Association of east tennessee

FALL PSYCHIATRIC SYMPOSIUM



Knoxville Convention Center
701 Henley St,
Knoxville, TN 37902

KNOW BEFORE YOU GO PAID Parking

Please note that parking is **NOT INCLUDED** - please plan accordingly.

