

# FALL PSYCHIATRIC SYMPOSIUM 2024



NOVEMBER 21-22 || 8:30 AM - 4:30 PM  
KNOXVILLE CONVENTION CENTER

Presented by The Mental Health Association of East Tennessee  
and our Partners:

University of Tennessee Medical Center

University of Tennessee Graduate School of Medicine

National Association of Social Workers - TN Chapter

Tennessee Association of Mental Health Organizations (TAMHO)



**tamho**  
tennessee association of  
mental health organizations  
[www.tamho.org](http://www.tamho.org)



REGISTER ONLINE AT:

<https://www.mhaet.com/27th-annual-fall-psychiatric-symposium/>



FOR ONLINE  
REGISTRATION

# CONTINUING EDUCATION INFORMATION

*It is the responsibility of the event attendee to use their professional judgment to justify that the continuing educational programs attended meet the guidelines of their respective licensure or certification boards/agencies and is relevant to their professional practice.*

## PHYSICIANS:

**ACCREDITATION:** THIS ACTIVITY HAS BEEN PLANNED AND IMPLEMENTED IN ACCORDANCE WITH THE ACCREDITATION REQUIREMENTS AND POLICIES OF THE ACCREDITATION COUNCIL FOR CONTINUING MEDICAL EDUCATION (ACCME) THROUGH THE JOINT PROVIDERSHIP OF THE UNIVERSITY OF TENNESSEE COLLEGE OF MEDICINE AND MENTAL HEALTH ASSOCIATION OF EAST TENNESSEE. THE UNIVERSITY OF TENNESSEE COLLEGE OF MEDICINE IS ACCREDITED BY THE ACCME TO PROVIDE CONTINUING MEDICAL EDUCATION FOR PHYSICIANS. **EDUCATION CREDITS:** THE UNIVERSITY OF TENNESSEE COLLEGE OF MEDICINE DESIGNATES THIS LIVE ACTIVITY FOR A MAXIMUM OF 12 AMA PRA CATEGORY 1 CREDITS™. PHYSICIANS SHOULD CLAIM ONLY THE CREDIT COMMENSURATE WITH THE EXTENT OF THEIR PARTICIPATION IN THE ACTIVITY. **PAS, NPS AND NURSES:** PHYSICIAN ASSISTANTS, NURSE PRACTITIONERS AND NURSES MAY USE THESE CREDIT HOURS TOWARDS CERTIFICATION RENEWAL. THIS CREDIT IS ACCEPTABLE BY THE AMERICAN ACADEMY OF PHYSICIAN ASSISTANTS (AAPA), AMERICAN NURSES CREDENTIALING ASSOCIATION (ANCC) AND THE AMERICAN ACADEMY OF NURSE PRACTITIONERS (AANP).

## NURSES:

THIS EVENT PROVIDES UP TO 12 CONTACT HOURS THROUGH THE UNIVERSITY OF TENNESSEE MEDICAL CENTER. THE UNIVERSITY OF TENNESSEE MEDICAL CENTER IS ACCREDITED AS A PROVIDER OF NURSING CONTINUING PROFESSIONAL DEVELOPMENT BY THE AMERICAN NURSES CREDENTIALING CENTER'S COMMISSION ON ACCREDITATION.

## SOCIAL WORKERS:

THIS PROGRAM WAS APPROVED BY THE NATIONAL ASSOCIATION OF SOCIAL WORKERS - TENNESSEE CHAPTER (PROVIDER NUMBER: NASWTN2024-0109) FOR UP TO 12 CONTINUING EDUCATION UNITS. PROFESSIONALS IN ATTENDANCE AT THIS CONFERENCE ARE ENCOURAGED TO REVIEW CHAPTER 1365-1 TO ENSURE THE WORKSHOP THEY ARE ATTENDING IS APPLICABLE AND APPROPRIATE TO THEIR PROFESSIONAL DEVELOPMENT. THE TENNESSEE BOARD OF SOCIAL WORK CERTIFICATION AND LICENSURE DOES NOT PRE-APPROVE CONTINUING EDUCATION PROGRAMS. IT IS THE RESPONSIBILITY OF THE LMSW/LCSW, USING THEIR PROFESSIONAL JUDGMENT, TO JUSTIFY THAT THE CONTINUING EDUCATIONAL PROGRAM MEETS THE GUIDELINES OF CHAPTER 1365-1 AND IS RELEVANT TO THEIR PROFESSIONAL PRACTICE.

## LICENSED ALCOHOL AND DRUG ABUSE COUNSELORS (LADAC):

AS STATED WITHIN THE RULES AND REGULATIONS OF THE STATE OF TENNESSEE BOARD OF ALCOHOL AND DRUG ABUSE COUNSELORS (1200-30-01-.12), TAMHO IS CONSIDERED AN AUTHORIZED ENTITY FOR CONTINUING EDUCATION COURSES, EVENTS, AND ACTIVITIES RELATED TO THE PRACTICE OF ALCOHOL AND DRUG ABUSE COUNSELING. INDIVIDUALS ARE RESPONSIBLE FOR ASSESSING AND DETERMINING THE APPROPRIATENESS OF SESSION CONTENT AS RELATES TO LADAC CONTINUING PROFESSIONAL DEVELOPMENT REQUIREMENTS. IT IS THE RESPONSIBILITY OF THE EVENT ATTENDEE TO USE THEIR PROFESSIONAL JUDGMENT, TO JUSTIFY THAT THE CONTINUING EDUCATIONAL PROGRAMS ATTENDED MEET THE GUIDELINES OF THEIR RESPECTIVE LICENSURE OR CERTIFICATION BOARDS/AGENCIES AND IS RELEVANT TO THEIR PROFESSIONAL PRACTICE.

## PSYCHOLOGISTS:

AS STATED WITHIN THE RULES AND REGULATIONS OF THE TENNESSEE BOARD OF EXAMINERS IN PSYCHOLOGY (1180-01-.08(2)(B)), THIS PROGRAM PROVIDES UP TO 12 HOURS FALLING UNDER THE CATEGORY OF FORMAL ACTIVITIES WHICH ARE PSYCHOLOGICAL IN NATURE, PROVIDE DOCUMENTATION OF ATTENDANCE, AND HAVE A PRE-ASSIGNED NUMBER OF CE CREDITS, SPONSORED BY A RECOGNIZED AND RELEVANT STATE PROFESSIONAL CREDENTIALING BODY. CONTINUING EDUCATION CERTIFICATES WILL BE PROVIDED BY THE MHAET ON BEHALF OF NASW-TN.

## COUNSELORS, LMFTS & OTHER PROFESSIONALS NOT LISTED

AS STATED WITHIN THE RULES AND REGULATIONS OF THE STATE OF TENNESSEE BOARD FOR PROFESSIONAL COUNSELORS (0450-01-.12-(5)-(A)-1-VI AND VII), MARITAL AND FAMILY THERAPISTS (0450-02-.12-(5)-(A)-1-VI AND VII), AND CLINICAL PASTORAL THERAPISTS (0450-03-.12-(5)-(A)-1-VI AND VII), THE HOURS APPROVED FOR THIS CONFERENCE BY APA AND/OR NASW ARE CONSIDERED PRE-APPROVED HOURS ACCEPTABLE FOR SUBMISSION OF DOCUMENTATION FOR CONTINUING PROFESSIONAL DEVELOPMENT FOR INDIVIDUALS LICENSED BY THIS BOARD. AS STATED WITHIN THE RULES AND REGULATIONS OF THE STATE OF TENNESSEE BOARD FOR PROFESSIONAL COUNSELORS (0450-01-.12-(5)-(A)-1-VI AND VII), MARITAL AND FAMILY THERAPISTS (0450-02-.12-(5)-(A)-1-VI AND VII), AND CLINICAL PASTORAL THERAPISTS (0450-03-.12-(5)-(A)-1-VI AND VII), THE HOURS APPROVED FOR THIS CONFERENCE BY APA AND/OR NASW ARE CONSIDERED PRE-APPROVED HOURS ACCEPTABLE FOR SUBMISSION OF DOCUMENTATION FOR CONTINUING PROFESSIONAL DEVELOPMENT FOR INDIVIDUALS LICENSED BY THIS BOARD.

# CONFERENCE LEARNING OBJECTIVES

- PARTICIPANTS WILL BE ABLE TO DESCRIBE STEPS TO IMPROVE HEALTH OUTCOMES FOR CO-OCCURRING PSYCHIATRIC AND SUBSTANCE USE DISORDERS
- PARTICIPANTS WILL BE ABLE TO DISCUSS EMERGING APPROACHES TO TREATMENT-RESISTANT DEPRESSION, BIPOLAR DISORDER, BORDERLINE PERSONALITY DISORDER, PTSD, AUTISM.
- PARTICIPANTS WILL BE ABLE TO DESCRIBE ADDICTION TREATMENT MODELS AND INTERVENTION STRATEGIES
- PARTICIPANTS WILL BE ABLE TO REVIEW AND DISCUSS CULTURAL AND ETHICAL PRACTICE APPROACHES



# MEET OUR SPEAKERS



Brittany Albright, MD



Courtney Armstrong, LPC



Terry Casey, PhD



Lane Cook, MD



Kristina Coop Gordon, PhD



Kristin Dickie, LCMHC



Jonathan Downar, MD, PhD



Michele Galletta, PhD



Michelle Holleman, MS



Richard Jackson, MD



Petros Levounis, MD



Kelly Little



Vladimir Maletic, MD



Pierluigi Mancini, PhD



Callie Ann Munson, MA



Kacy Silverstein



Kate Sullivan, APN, RN

## SPONSORS & EXHIBITORS

CONTACT BEN HARRINGTON  
AT [BEN@MHAET.COM](mailto:BEN@MHAET.COM)

# EVENT SCHEDULE

NOVEMBER 21, 2024 @ KNOXVILLE CONVENTION CENTER

8:30 AM - 10:00 AM  
KEYNOTE |

Art & Science of Healing Trauma  
**Courtney Armstrong, LPC**

10:30 AM - NOON |  
CONCURRENT  
SESSIONS

- A1 Trauma Informed Aftercare for Professionals with Co-Occurring Disorders  
**Kristin Dickie, LCMHC, LCAS, & Callie Ann Munson, MA**
- A2 Psychopharmacology for Non- and New Prescribers  
**Lane Cook, MD**
- A3 Culture Clash: Culture, Ethic and the Modern Clinician  
**Pierluigi Mancini, PhD**

12:00 PM |

## NETWORKING LUNCH

NETWORKING LUNCH OR LUNCH & LEARN SPONSORED BY AXSOME  
(CHOOSE ON REGISTRATION)

1:15 PM - 2:45 PM |  
CONCURRENT  
SESSIONS

- A4 ChemSex Addiction  
**Michelle Holleman, MS, LCAS, CSAT, CPTT, CMAT**
- A5 Managing Borderline Personality Disorder  
**Richard Jackson, MD & Michele Galietta, PhD**
- A6 Rescripting Trauma Memories with Memory Reconciliation  
**Courtney Armstrong, LPC**

2:45 PM |

Break

3:00 PM - 4:30 PM |  
CONCURRENT  
SESSIONS

- A7 Shrinking Minds and Waistlines: Psychiatry's Role in the Obesity Epidemic  
**Brittany Albright, MD**
- A8 How to be More Autism Affirming and Why This Matters in our Clinical Practice  
**Kate Sullivan, APN, RN**
- A9 The Counseling Compact: A Concise Guide  
**Terry Casey, PhD**

# EVENT SCHEDULE

NOVEMBER 22, 2024 @ KNOXVILLE CONVENTION CENTER

8:30 AM - 10:00 AM  
KEYNOTE |

Neurobiology of Addiction in 2024  
**Petros Levounis, MD**

10:30 AM - NOON |  
CONCURRENT  
SESSIONS

- B1 Re-Imagining a Family System Approach to Addiction Disruption:  
Navigating a Path to Change  
**Kacy Silverstein**
- B2 Co-Morbidities and How to Treat Them  
**Vladimir Maletic, MD**
- B3 Bridging the Gap: Addressing Disparity in Mental Wellness  
**Pierluigi Mancini, PhD**

12:00 PM |

## NETWORKING LUNCH

NETWORKING LUNCH OR LUNCH & LEARN SPONSORED BY AXSOME  
(CHOOSE ON REGISTRATION)

1:15 PM - 2:45 PM |  
CONCURRENT  
SESSIONS

- B4 TMS in 2024: New Techniques, New Protocols, New Indications  
**Jonathan Downar, MD, PhD**
- B5 Mastering the Mixes: Diagnosis and Treatment of the Mood  
Episodes with Mind Features  
**Vladimir Maletic, MD**
- B6 Practical Guide for Navigating Ethical and Legal Situations  
**Terry Casey, PhD**

2:45 PM |

Break

3:00 PM - 4:30 PM  
| CONCURRENT  
SESSIONS

- B7 Puff, Puff, Pass? The "Blunt" Truth About Cannabis Use Disorder  
in Adolescent and Young Adult Populations  
**Kelly Little**
- B8 Transforming 'No More Options' to 'New Possibilities': Approaches  
to Treatment Resistant Depression  
**Brittany Albright, MD**
- B9 Forgiving the "Unforgiveable"  
**Kristina Coop Gordon, PhD**

# HOTEL INFORMATION



Scan the QR Code for guest room booking at the Symposium special rate - \$189 per night. Book for your **discounted** guest room rate with The Mental Health Association of East TN at the NEW Marriott Knoxville!

## SPONSORS



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CENTER FOR BEHAVIORAL MEDICINE KNOXVILLE



# WE'RE GOING GREEN

## ONLINE REGISTRATION ONLY

### How to Scan a QR Code:

1. Open your smartphone camera or QR code reader app.
2. Point your camera at the QR code on this brochure.
3. Wait for a notification or link to appear.
4. Tap the notification to access exclusive content, schedules, or additional information.

#### Discounted Rate by November 5, 2024

- ☐ Thursday Only \$210  
(Students w/ID \$144)
- ☐ Friday Only \$210  
(Students w/ID \$144)
- ☐ Thursday & Friday \$314  
Students w/ID \$215
- ☐ ADD \$75 Donation to celebrate 76 years  
of MHAET!
- ☐ Required \$10 Nurse CE Certificate Fee

#### Regular Rate by November 15, 2024

- ☐ Thursday Only \$242  
(Students w/ID \$194)
- ☐ Friday Only \$242  
(Students w/ID \$194)
- ☐ Thursday & Friday \$356  
Students w/ID \$244
- ☐ ADD \$75 Donation to celebrate 76 years  
of MHAET!
- ☐ Required \$10 Nurse CE Certificate Fee

#### Late Rate on or after November 16, 2024

- ☐ Thursday Only \$289  
(Students w/ID \$236)
- ☐ Friday Only \$289  
(Students w/ID \$236)
- ☐ Thursday & Friday \$419  
Students w/ID \$287
- ☐ ADD \$75 Donation to celebrate 76 years  
of MHAET!
- ☐ Required \$10 Nurse CE Certificate Fee

Choose one session for each break-out to ensure seating is available:

#### Thursday 10:30 AM to 12:00 PM

- ☐ A1 - Trauma Informed Aftercare for Professionals with Co-Occurring Disorders
- ☐ A2 - Psychopharmacology for Non- and New Prescribers?
- ☐ A3 - Culture Clash: Culture, Ethic and the Modern Clinician

#### Thursday 1:15 PM to 2:45 PM

- ☐ A4 - ChemSex Addiction
- ☐ A5 - Managing Borderline Personality Disorder
- ☐ A6 - Rescripting Trauma Memories with Memory Reconsolidation

#### Thursday 3:00 PM to 4:30 PM

- ☐ A7 - Shrinking Minds and Waistlines
- ☐ A8 - How to be More Autism Affirming and Why This Matters in our Clinical Practice
- ☐ A9 - The Counseling Compact: A Concise Guide

#### Friday 10:30 AM to 12:00 PM

- ☐ B1 - Re-imagining a Family System Approach to Addiction Disruption
- ☐ B2 - Co-Morbidities and How to Treat Them
- ☐ B3 - Bridging the Gap: Addressing Disparity in Mental Wellness

#### Friday 1:15 PM to 2:45 PM

- ☐ B4 - TMS in 2024: New Techniques, New Protocols, New Indications
- ☐ B5 - Mastering the Mixes: Diagnosis and Treatment of the Mood Episodes
- ☐ B6 - Practical Guide for Navigating Ethical and Legal Situations

#### Friday 3:00 PM to 4:30 PM

- ☐ B7 - Puff, Puff, Pass? The "Blunt" Truth About Cannabis Use Disorder
- ☐ B8 - Transforming 'No More Options' to 'New Possibilities'
- ☐ B9 - Forgiving the "Unforgivable"

**GROUP DISCOUNTS AVAILABLE:** Groups of 5-9 (5% discount); Groups of 10+ (10% discount). To qualify, individuals must be registered at the same time with corporate or clinic payment. Contact Ben Harrington for additional questions at [ben@mhaet.com](mailto:ben@mhaet.com)



# FALL PSYCHIATRIC SYMPOSIUM 2024



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Knoxville, TN 37923

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**MENTAL HEALTH** Association of east tennessee



# FALL PSYCHIATRIC SYMPOSIUM



Knoxville Convention Center  
701 Henley St,  
Knoxville, TN 37902

## KNOW BEFORE YOU GO

Please note that parking is not provided directly by us.

However, there are over 2,000 parking spaces available in nearby parking garages for your convenience.

1

Plan to arrive @ 7:30 AM for check-in

Announcements / Intros start at 8:20 AM each day

Sessions start at 8:30 AM

2

Dress comfortably, comfy shoes are a MUST!

3

**Gone green** - All handouts + evaluations will be available digitally

4

See you soon!



Public Parking

