

MENTAL HEALTH ASSOCIATION  
OF EAST TENNESSEE PRESENTS:

26TH FALL

# PSYCHIATRIC SYMPOSIUM

NOVEMBER 16 - 17 || 8:30 AM - 4:30 PM

# IN PERSON

PRESENTED BY THE MENTAL HEALTH ASSOCIATION  
OF EAST TENNESSEE AND OUR PARTNERS:

University of Tennessee Medical Center  
University of Tennessee Graduate School of Medicine  
National Association of Social Workers - TN Chapter  
Tennessee Association of Mental Health Organizations (TAMHO)

REGISTER BY MAIL OR ONLINE AT:

[HTTPS://MHAET.COM/26TH-ANNUAL-FALL-PSYCHIATRIC-SYMPOSIUM](https://mhaet.com/26th-annual-fall-psychiatric-symposium)

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# MEET THE SPEAKERS



Terry Casey



Bernadette DeMuri-Maletic, MD



Cate Faulkner, MA LCSW



Charles Galyon, PhD



Beck Gee-Cohen MA CADC-II



Jenn Hardy, PhD



Jordan Held LCSW



Kevin Hill, MD



Anthony Jackson



Richard Jackson, MD



Siri Khalsa-Zemel, PhD  
+ Panel



Adrienne Loker, LCSW



Vladimir Maletic, MD



Melanie McGhee, LCSW



Roger McIntyre, MD



Henry Nasrallah, MD



David A. Patterson, PhD



Zina Rodriguez, MSW, MCAP, CDE



Jennifer Tourville, DNP



Jo Willey

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CONTACT BEN HARRINGTON  
AT [BEN@MHAET.COM](mailto:ben@mhaet.com)

# SCHEDULE

THURSDAY, NOVEMBER 16

8:30 AM - 10:00 AM  
KEYNOTE

The Relationship of Microbiome's 33 Trillion Germs in the Human Gut to Mental Disorders

**Henry Nasrallah, MD**

10:30 AM - NOON |  
CONCURRENT  
SESSIONS

A1 Through Science to Justice: Preserving the Past to Understand Gender Affirmative Care

**Beck Gee-Cohen, MA, CADC-II & Jordan Held, MSL, MSW, LCSW**

A2 50 Recent Advances in Schizophrenia  
**Henry Nasrallah, MD**

A3 Understanding the Interstate Compact for Mental Health Professionals

**Terry Casey, PhD**

12:00 PM |

## NETWORKING LUNCH

### BEYOND THE MONOAMINE HYPOTHESIS:

AUVELITY, A GLUTAMATERGIC APPROACH TO TREATING MAJOR DEPRESSIVE DISORDER

1:15 PM - 2:45 PM |  
CONCURRENT  
SESSIONS

A4 Trauma Sensitive Substance Use Intervention  
**Adrienne Loker, LCSW**

A5 Treatment Resistant Depression: Definitions, Associated Factors & Treatment Avenues  
**Roger McIntyre, MD**

A6 Creativity as Self-Care: Honoring Our Ethical Imperative of Self-Care by Our Creative Energy  
**Jenn Hardy, PhD**

2:45 PM |

## Break

3:00 PM - 4:30 PM  
| CONCURRENT  
SESSIONS

A7 Applying an Equity Lens to Trauma Informed Care  
**Zina Rodriguez, MSW, MCAP, CDE**

A8 Psychedelics: Synthesizing the Evidence Pitfalls & Opportunities for Psychiatry  
**Roger McIntyre, MD**

A9 Integrating Mindfulness Into Clinical Practice  
**David Patterson, PhD**

TRANSCRIPT RECORDS REQUESTS: Attendees receive CME or CE certificates in a timely manner after the event. Any request for archival records/certificate replacement beyond (older than) the immediate prior symposium will be processed & will incur a \$20 certificate replacement fee payable to the accrediting organization or the Mental Health Association of East Tennessee. No fee applies to the transcript records requested within six months of the previous Symposium

# SCHEDULE

FRIDAY, NOVEMBER 17

8:30 AM - 10:00 AM  
KEYNOTE

Social Relationships as a Key to Mental Health  
**Vladimir Maletic, MD & Bernadette DeMuri-Maletic, MD**

10:30 AM - NOON |  
CONCURRENT  
SESSIONS

B1 Dual Eating Disorder Substance Abuse Treatment  
**Siri Khalsa-Zemel, PhD & Panel**

B2 Tardive Dyskinesia Diagnosis, Assessment & Impact  
**Richard Jackson, MD**

B3 The Six Keys of Teletherapy: Essentials of Ethical and Legal  
Telehealth Practice  
**Terry Casey, PhD**

12:00 PM |

## NETWORKING LUNCH

### EMPOWERED TO PARTICIPATE:

A TREATMENT TEAM APPROACH TO LONG ACTING INJECTABLES FOR ADULTS WITH  
SCHIZOPHRENIA-OVERCOMING BARRIERS

1:15 PM - 2:45 PM |  
CONCURRENT  
SESSIONS

B4 Overdose Crisis in Tennessee: Emerging Trends, Available  
Resources, and Stigma Reduction  
**Cate Faulkner MA LCSW + Anthony Jackson**

B5 Getting Ready for the G-Verse: Emerging GABA & Glutamate-  
Based Treatment for Mood Disorders  
**Vladimir Maletic, MD**

B6 Tourette's, Tics, and Functional Tics  
**Charles Galyon, PhD**

2:45 PM |

## Break

3:00 PM - 4:30 PM  
| CONCURRENT  
SESSIONS

B7 Polysubstance Use and Emerging Trends  
**Jennifer Tourville, DNP**

B8 Impact of Cannabis on Schizophrenia & Mental Health  
**Kevin Hill, MD**

B9 Effectively Treat Rumination with Acceptance and Integration  
Training  
**Melanie McGhee, LCSW & Jo Willey, DSW, MSW**

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# CONTINUING EDUCATION INFORMATION

*It is the responsibility of the event attendee to use their professional judgment, to justify that the continuing educational programs attended meet the guidelines of their respective licensure or certification boards/agencies and is relevant to their professional practice.*

## **PHYSICIANS:**

**ACCREDITATION:** THIS ACTIVITY HAS BEEN PLANNED AND IMPLEMENTED IN ACCORDANCE WITH THE ACCREDITATION REQUIREMENTS AND POLICIES OF THE ACCREDITATION COUNCIL FOR CONTINUING MEDICAL EDUCATION (ACCME) THROUGH THE JOINT PROVIDERSHIP OF THE UNIVERSITY OF TENNESSEE COLLEGE OF MEDICINE AND MENTAL HEALTH ASSOCIATION OF EAST TENNESSEE. THE UNIVERSITY OF TENNESSEE COLLEGE OF MEDICINE IS ACCREDITED BY THE ACCME TO PROVIDE CONTINUING MEDICAL EDUCATION FOR PHYSICIANS. **EDUCATION CREDITS:** THE UNIVERSITY OF TENNESSEE COLLEGE OF MEDICINE DESIGNATES THIS LIVE ACTIVITY FOR A MAXIMUM OF 12 AMA PRA CATEGORY 1 CREDITS™. PHYSICIANS SHOULD CLAIM ONLY THE CREDIT COMMENSURATE WITH THE EXTENT OF THEIR PARTICIPATION IN THE ACTIVITY. **PAS, NPS AND NURSES:** PHYSICIAN ASSISTANTS, NURSE PRACTITIONERS AND NURSES MAY USE THESE CREDIT HOURS TOWARDS CERTIFICATION RENEWAL. THIS CREDIT IS ACCEPTABLE BY THE AMERICAN ACADEMY OF PHYSICIAN ASSISTANTS (AAPA), AMERICAN NURSES CREDENTIALING ASSOCIATION (ANCC) AND THE AMERICAN ACADEMY OF NURSE PRACTITIONERS (AANP)

## **NURSES:**

THIS EVENT PROVIDES UP TO 12 CONTACT HOURS THROUGH THE UNIVERSITY OF TENNESSEE MEDICAL CENTER. THE UNIVERSITY OF TENNESSEE MEDICAL CENTER IS ACCREDITED AS A PROVIDER OF NURSING CONTINUING PROFESSIONAL DEVELOPMENT BY THE AMERICAN NURSES CREDENTIALING CENTER'S COMMISSION ON ACCREDITATION.

## **SOCIAL WORKERS:**

THIS PROGRAM WAS APPROVED BY THE NATIONAL ASSOCIATION OF SOCIAL WORKERS - TENNESSEE CHAPTER (PROVIDER NUMBER: NASWTN2023-0132) FOR UP TO 12 CONTINUING EDUCATION UNITS. PROFESSIONALS IN ATTENDANCE AT THIS CONFERENCE ARE ENCOURAGED TO REVIEW CHAPTER 1365-1 TO ENSURE THE WORKSHOP THEY ARE ATTENDING IS APPLICABLE AND APPROPRIATE TO THEIR PROFESSIONAL DEVELOPMENT. THE TENNESSEE BOARD OF SOCIAL WORK CERTIFICATION AND LICENSURE DOES NOT PRE-APPROVE CONTINUING EDUCATION PROGRAMS. IT IS THE RESPONSIBILITY OF THE LMSW/LCSW, USING THEIR PROFESSIONAL JUDGMENT, TO JUSTIFY THAT THE CONTINUING EDUCATIONAL PROGRAM MEETS THE GUIDELINES OF CHAPTER 1365-1 AND IS RELEVANT TO THEIR PROFESSIONAL PRACTICE.

## **LICENSED ALCOHOL AND DRUG ABUSE COUNSELORS (LADAC):**

AS STATED WITHIN THE RULES AND REGULATIONS OF THE STATE OF TENNESSEE BOARD OF ALCOHOL AND DRUG ABUSE COUNSELORS (1200-30-01-.12), TAMHO IS CONSIDERED AN AUTHORIZED ENTITY FOR CONTINUING EDUCATION COURSES, EVENTS, AND ACTIVITIES RELATED TO THE PRACTICE OF ALCOHOL AND DRUG ABUSE COUNSELING. INDIVIDUALS ARE RESPONSIBLE FOR ASSESSING AND DETERMINING THE APPROPRIATENESS OF SESSION CONTENT AS RELATES TO LADAC CONTINUING PROFESSIONAL DEVELOPMENT REQUIREMENTS.

**IT IS THE RESPONSIBILITY OF THE EVENT ATTENDEE TO USE THEIR PROFESSIONAL JUDGMENT, TO JUSTIFY THAT THE CONTINUING EDUCATIONAL PROGRAMS ATTENDED MEET THE GUIDELINES OF THEIR RESPECTIVE LICENSURE OR CERTIFICATION BOARDS/AGENCIES AND IS RELEVANT TO THEIR PROFESSIONAL PRACTICE.**

## **PSYCHOLOGISTS:**

AS STATED WITHIN THE RULES AND REGULATIONS OF THE TENNESSEE BOARD OF EXAMINERS IN PSYCHOLOGY (1180-01-.08(2)(B)) THIS PROGRAM PROVIDES UP TO 12 HOURS FALLING UNDER THE CATEGORY OF FORMAL ACTIVITIES WHICH ARE PSYCHOLOGICAL IN NATURE, PROVIDE DOCUMENTATION OF ATTENDANCE, AND HAVE A PRE-ASSIGNED NUMBER OF CE CREDITS, SPONSORED BY A RECOGNIZED AND RELEVANT STATE PROFESSIONAL CREDENTIALING BODY. CE CERTIFICATES WILL BE PROVIDED BY THE MHA ON BEHALF OF NASW-TN

## **COUNSELORS, LMFTS & OTHER PROFESSIONALS NOT LISTED**

AS STATED WITHIN THE RULES AND REGULATIONS OF THE STATE OF TENNESSEE BOARD FOR PROFESSIONAL COUNSELORS (0450-01-.12-(5)-(A)-1-VI AND VII), MARITAL AND FAMILY THERAPISTS (0450-02-.12-(5)-(A)-1-VI AND VII ), AND CLINICAL PASTORAL THERAPISTS (0450-03-.12-(5)-(A)-1-VI AND VII), THE HOURS APPROVED FOR THIS CONFERENCE BY APA AND/OR NASW ARE CONSIDERED PRE-APPROVED HOURS ACCEPTABLE FOR SUBMISSION OF DOCUMENTATION FOR CONTINUING PROFESSIONAL DEVELOPMENT FOR INDIVIDUALS LICENSED BY THIS BOARD. AS STATED WITHIN THE RULES AND REGULATIONS OF THE STATE OF TENNESSEE BOARD FOR PROFESSIONAL COUNSELORS (0450-01-.12-(5)-(A)-1-VI AND VII), MARITAL AND FAMILY THERAPISTS (0450-02-.12-(5)-(A)-1-VI AND VII ), AND CLINICAL PASTORAL THERAPISTS (0450-03-.12-(5)-(A)-1-VI AND VII), THE HOURS APPROVED FOR THIS CONFERENCE BY APA AND/OR NASW ARE CONSIDERED PRE-APPROVED HOURS ACCEPTABLE FOR SUBMISSION OF DOCUMENTATION FOR CONTINUING PROFESSIONAL DEVELOPMENT FOR INDIVIDUALS LICENSED BY THIS BOARD.

# CONFERENCE LEARNING OBJECTIVES

- PARTICIPANTS WILL BE ABLE TO DESCRIBE STEPS TO IMPROVE HEALTH OUTCOMES FOR MOOD DISORDERS, TREATMENT RESISTANT DEPRESSION
- PARTICIPANTS WILL BE ABLE TO DESCRIBE STEPS TO IMPROVE HEALTH OUTCOMES FOR PSYCHOTIC DISORDERS
- PARTICIPANTS WILL BE ABLE TO DESCRIBE ADDICTION TREATMENT MODELS & INTERVENTION STRATEGIES
- PARTICIPANTS WILL BE ABLE TO REVIEW AND DISCUSS ETHICAL TECHNOLOGY PRACTICES, ETHICAL RESPONSIBILITIES IN CLINICAL PRACTICE AND CLINICIAN WELLNESS STRATEGIES

# HOTEL INFORMATION



Book for your **discounted** guest room rate for Mental Health Association of East TN at the

**NEW Knoxville Marriott!**



Scan the QR Code for guest room booking at the Symposium special rate - \$160 per night!

Friday checkout REQUIRED to avoid football weekend surge pricing

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**26th FALL PSYCHIATRIC SYMPOSIUM CEs /**

**CMEs for:**

- Nursing  Physician
- Psychology  Social Work
- LADAC  LMFT
- LPC - MHSP  Other \_\_\_\_\_
- Standard Meal  Gluten Free Meal
- Vegetarian Meal  Other \_\_\_\_\_

**ADD ON: Thursday Lunch & Learn Meal (Limited Seating)**

**CONTINUING MEDICAL EDUCATION CREDIT (ONLY REQUIRED FOR PHYSICIANS ENTER DATA BELOW):**

**ADD ON: Friday Lunch & Learn Meal (Limited Seating)**

LAST FOUR DIGITS OF SOCIAL SECURITY #: \_\_\_\_\_ BIRTH MONTH AND YEAR: \_\_\_\_\_

**REGISTRATION FEES**

**PLEASE CHECK**

**MHA MEMBERS SAVE 10% ON REGISTRATION**

**Discounted Rate by October 31, 2023**

- Thursday Only \$200 (Students w/ID \$140)
- Friday Only \$200 (Students w/ID \$140)
- Thursday & Friday \$299
- ADD \$75 Donation to celebrate 75 years of MHAET!
- Required \$10 Nurse CE Certificate Fee
- Reserved Parking\*\* (LIMITED) \$20

**Regular Rate by November 1, 2023**

- Thursday Only \$230 (Students w/ID \$185)
- Friday Only \$230 (Students w/ID \$185)
- Thursday & Friday \$339
- ADD \$75 Donation to celebrate 75 years of MHAET!
- Required \$10 Nurse CE Certificate Fee
- Reserved Parking\*\* (LIMITED) \$30

**Late Rate on or after November 7, 2023**

- Thursday Only \$275 (Students w/ID \$225)
- Friday Only \$275 (Students w/ID \$225)
- Thursday & Friday \$399
- ADD \$75 Donation to celebrate 75 years of MHAET!
- Required \$10 Nurse CE Certificate Fee
- Reserved Parking\*\* (LIMITED) \$40

Choose one session for each break-out to ensure seating is available

**Thursday 10:30 AM to 12:00 PM**

- A1 - Through Science to Justice Preserving the Past to Understand Gender Affirmative Care
- A2 - 50 Recent Advances in Schizophrenia
- A3 - Understanding the Interstate Compact for Mental Health Professionals

**Thursday 1:15 PM to 2:45 PM**

- A4 - Trauma Sensitive Substance Use Intervention
- A5 - Treatment Resistant Depression
- A6 - Creativity as Self-Care: Honoring Our Ethical Imperative of Self-Care by Our Creative Energy

**Thursday 3:00 PM to 4:30 PM**

- A7 - Applying an Equity Lens to Trauma Informed Care
- A8 - Psychedelics: Synthesizing the Evidence Pitfalls & Opportunities for Psychiatry
- A9 - Integrating Mindfulness Into Clinical Practice

**Friday 10:30 AM to 12:00 PM**

- B1 - Dual Eating Disorder Substance Abuse Treatment
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- B3 - The Six Keys of Teletherapy: Essentials of Ethical and Legal Telehealth Practice

**Friday 1:15 PM to 2:45 PM**

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- B5 - Getting Ready for the G-Verse Emerging GABA & Glutamate-Based Treatment for Mood Disorders
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**Friday 3:00 PM to 4:30 PM**

- B7 - Polysubstance Use and Emerging Trends
- B8 - Impact of Cannabis on Schizophrenia & Mental Health
- B9 - Effectively Treat Rumination with Acceptance and Integration Training

\*Professional Members are treatment professionals (MD, PhD's, RNs, LCSWs etc.) who make a membership contribution of \$75 or more to the MHA annually. Professional Member Benefits include 10% off training fees, referral listing, 50 free brochures, newsletters, bulk brochure pricing.  
 \*\*Reserved parking space will be confirmed via email. MHA reserves the right to close parking registration when capacity is reached. Reserved parking is available on a first come first served basis. all payments received after capacity is reached will be refunded and attendee will be notified via email

**GROUP DISCOUNTS AVAILABLE:** Groups of 5-9 (5% discount); Groups of 10+ (10% discount). To qualify, individuals must be registered at the same time with corporate or clinic payment.

**MAKE CHECK PAYABLE TO: MENTAL HEALTH ASSOCIATION AND SEND TO PO BOX 32731 KNOXVILLE, TN 37930-2731.**

**REFUNDS** will be made (excluding a \$50 processing fee) for cancellations received by 5PM November 6, 2023.

Cancellation received after that date will not receive a refund.

**PAYMENT:** CHECK ENCLOSED \_\_\_\_\_ Or Call 865-584-9125 or FAX form with CC info. to: **865-824-0040**

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26TH FALL

# PSYCHIATRIC SYMPOSIUM IN PERSON

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# DIRECTIONS

## Eastbound on I-40

Take Exit 388 onto 441 South (Henley Street). The Convention Center is at the corner of Henley and Clinch Ave.

## West Bound on I-40

Take Exit 387. Turn right onto Western Ave. At the third traffic light turn right onto Henley Street. The Convention Center is at the corner of Henley Street and Clinch Avenue

## Southbound on I-40

At the I-275 / I-40 interchange, bear right onto 441 South (Henley Street). The Convention Center is at the corner of Henley and Clinch Avenue

## Northbound on I-40

Take 129 North. Take ramp I-40 East (Asheville) stay in the right lane to Exit 388 onto 441 South (Henley Street), drive to Henley Street. The Convention Center is on the right at the corner of Henley Street and Clinch Avenue

# LIMITED RESERVED PARKING

Want to save yourself the hassle of searching for a space?

**LIMITED RESERVED PARKING** is available for \$20 additional fee as you register

**Limited spaces will sell fast**

Parking Passes will be mailed to attendees who purchase the reserved parking lot on November 1st!

