

**MENTAL HEALTH ASSOCIATION
OF EAST TENNESSEE PRESENTS:**

25TH FALL

PSYCHIATRIC SYMPOSIUM

NOVEMBER 17 - 18 || 8:30 AM - 4:30 PM

LIVE & IN PERSON

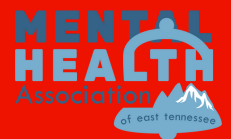
**PRESENTED BY THE MENTAL HEALTH ASSOCIATION
OF EAST TENNESSEE AND OUR PARTNERS:**

University of Tennessee College of Nursing
University of Tennessee Graduate School of Medicine
National Association of Social Workers - TN Chapter
Tennessee Association of Mental Health Organizations (TAMHO)

REGISTER BY MAIL OR ONLINE AT:

[HTTPS://WWW.MHAET.COM/25TH-ANNUAL-FALL-PSYCHIATRIC-SYMPOSIUM/](https://www.mhaet.com/25th-annual-fall-psychiatric-symposium/)

Sponsored By:



In Partnership With:



MEET THE SPEAKERS



Peter Chien, MD



Lane M. Cook, MD



Brent Coyle, MD



Charles Galyon, PhD



Beck Gee-Cohen MA CADC-II



Jenn Hardy, PhD



Jordan Held LCSW



Rakesh Jain, MD



Saundra Jain, MA, PsyD, LPC



Lance Laurence, PhD



Adrienne Loker, LCSW



Doug & Neely Lyons, JD



Vladimir Maletic, MD



Melanie McGhee, LCSW



Roger McIntyre, MD



Aaron Olson, CMHC, SUDC



John O'Neill, LCSW



Herb Piercy, LMSW

SCHEDULE

THURSDAY, NOVEMBER 17

8:30 AM | KEYNOTE

Pre-Heated: Our Unique Role in Addressing the Mental Effects of Climate Change
Peter Chien, MD

10:30 AM | CONCURRENT SESSIONS

A1 Attachment Theory and Treatment Planning with Addiction Clients
John J O'Neil LCSW, LCDC

A2 Why is an Acute Care Psychiatrist so Excited About Psych Therapy
Brent Coyle, MD

A3 Heeding the Ethical Imperative of Self Care
Melanie McGhee, LCSW

12:00 PM |

LUNCH + LEARN* OR NETWORKING LUNCH SCHIZOPHRENIA

NOT FOR CE/CME CREDIT (SELECT ON REGISTRATION PAGE)

1:15 PM | CONCURRENT SESSIONS

A4 Healing Power of Belonging
Beck Gee Cohen, MA, CADAC-II & Jordan Held, MSL, MSW, LCSW

A5 Spectrum of Depression & Bipolar: Diagnoses & Conceptual Aspects
Roger McIntyre, MD

A6 Welcome to the Jungle: How to Build a Sustainable Social Media Presence to Support Your Clinical Practice
Jennifer Hardy, PhD

2:45 PM |

Break

3:00 PM | CONCURRENT SESSIONS

A7 Clients, Their Families, & Clinicians - How Consultants Help the Addiction and Mental Health Treatment Continuum of Care
Doug Lyons & Neely Lyons

A8 Treatment Resistant Depression & Bipolar Disorder
Roger McIntyre, MD

A9 Moral Injury & Complex PTSD
Lane Cook, MD & Herb Piercy, LMSW

TRANSCRIPT RECORDS REQUESTS: Attendees receive CME or CE certificates in a timely manner after the event. Any request for archival records/certificate replacement beyond (older than) the immediate prior symposium will be processed & will incur a \$20 certificate replacement fee payable to the accrediting organization or the Mental Health Association of East Tennessee. No fee applies to the transcript records requested within six months of the previous Symposium

SCHEDULE

FRIDAY, NOVEMBER 18

8:30 AM | CONCURRENT SESSIONS

- B1** Invisible Loyalties: Uncovering the Transgenerational Impact of Addiction
Aaron Olson, MS, MHCH
- B2** Successfully Treating ADHD and its Comorbidities
Vladimir Maletic, MD
- B3** Ethics & Technology
Lance Laurence, PhD

10:30 AM | CONCURRENT SESSIONS

- B4** Treating Trauma Through Polyvagal Wisdom
Adrienne Loker, LCSW
- Taming the Brain Networks: Meta Diagnostic Strategies for
- B5** Dealing with Mood Disorders
Vladimir Maletic, MD
- Evaluation and Treatment Facilitation in Autism Spectrum
- B6** Disorder
Charles Galyon, PhD

12:00 PM |

LUNCH + LEARN* OR NETWORKING LUNCH TREATMENT RESISTANT DEPRESSION

NOT FOR CE/CME CREDIT (SELECT ON REGISTRATION PAGE)

1:15 PM | KEYNOTE

Humor is Serious Business: Examining the Neurobiology of Humor in Mental Health Practice
Rakesh Jain, MD

2:45 PM |

Break

3:00 PM | CONCURRENT SESSIONS

- Fill Up, Empty Out: Identifying & Applying First Aid for
- B7** Burnout, Compassion Fatigue and Secondary Trauma
Aaron Olson, MS, MHCH
- Optimizing the Treatment of ADHD: An Achievable and
- B8** Necessary Clinical Goal
Rakesh Jain, MD
- Working with Patients Who Use Psychedelics Outside of
- B9** Clinical Practice
Saundra Jain, MS, PsyD, LPC

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CONTINUING EDUCATION INFORMATION

PHYSICIANS:

ACCREDITATION: THIS ACTIVITY HAS BEEN PLANNED AND IMPLEMENTED IN ACCORDANCE WITH THE ACCREDITATION REQUIREMENTS AND POLICIES OF THE ACCREDITATION COUNCIL FOR CONTINUING MEDICAL EDUCATION (ACCME) THROUGH THE JOINT PROVIDERSHIP OF THE UNIVERSITY OF TENNESSEE COLLEGE OF MEDICINE AND MENTAL HEALTH ASSOCIATION OF EAST TENNESSEE. THE UNIVERSITY OF TENNESSEE COLLEGE OF MEDICINE IS ACCREDITED BY THE ACCME TO PROVIDE CONTINUING MEDICAL EDUCATION FOR PHYSICIANS. **EDUCATION CREDITS:** THE UNIVERSITY OF TENNESSEE COLLEGE OF MEDICINE DESIGNATES THIS LIVE ACTIVITY FOR A MAXIMUM OF 12 AMA PRA CATEGORY 1 CREDITSTM. PHYSICIANS SHOULD CLAIM ONLY THE CREDIT COMMENSURATE WITH THE EXTENT OF THEIR PARTICIPATION IN THE ACTIVITY. **PAS, NPS AND NURSES:** PHYSICIAN ASSISTANTS, NURSE PRACTITIONERS AND NURSES MAY USE THESE CREDIT HOURS TOWARDS CERTIFICATION RENEWAL. THIS CREDIT IS ACCEPTABLE BY THE AMERICAN ACADEMY OF PHYSICIAN ASSISTANTS (AAPA), AMERICAN NURSES CREDENTIALING ASSOCIATION (ANCC) AND THE AMERICAN ACADEMY OF NURSE PRACTITIONERS (AANP)

NURSES:

THIS PROGRAM PROVIDES UP TO 12 HOURS CONTACT HOURS THROUGH THE UNIVERSITY OF TENNESSEE, COLLEGE OF NURSING. THE UNIVERSITY OF TENNESSEE COLLEGE OF NURSING IS APPROVED AS AN ACCREDITED PROVIDER OF NURSING CONTINUING PROFESSIONAL DEVELOPMENT (NCPD) BY THE AMERICAN NURSES CREDENTIALING CENTER.

SOCIAL WORKERS:

THIS PROGRAM WAS APPROVED BY THE NATIONAL ASSOCIATION OF SOCIAL WORKERS - TENNESSEE CHAPTER (PROVIDER NUMBER: NASWTN2022-0105) FOR UP TO 12 CONTINUING EDUCATION UNITS

LICENSED ALCOHOL AND DRUG ABUSE COUNSELORS (LADAC):

AS STATED WITHIN THE RULES AND REGULATIONS OF THE STATE OF TENNESSEE BOARD OF ALCOHOL AND DRUG ABUSE COUNSELORS (1200-30-01-.12), TAMHO IS CONSIDERED AN AUTHORIZED ENTITY FOR CONTINUING EDUCATION COURSES, EVENTS, AND ACTIVITIES RELATED TO THE PRACTICE OF ALCOHOL AND DRUG ABUSE COUNSELING. INDIVIDUALS ARE RESPONSIBLE FOR ASSESSING AND DETERMINING THE APPROPRIATENESS OF SESSION CONTENT AS RELATES TO LADAC CONTINUING PROFESSIONAL DEVELOPMENT REQUIREMENTS.

IT IS THE RESPONSIBILITY OF THE EVENT ATTENDEE TO USE THEIR PROFESSIONAL JUDGMENT, TO JUSTIFY THAT THE CONTINUING EDUCATIONAL PROGRAMS ATTENDED MEET THE GUIDELINES OF THEIR RESPECTIVE LICENSURE OR CERTIFICATION BOARDS/AGENCIES AND IS RELEVANT TO THEIR PROFESSIONAL PRACTICE.

PSYCHOLOGISTS:

AS STATED WITHIN THE RULES AND REGULATIONS OF THE TENNESSEE BOARD OF EXAMINERS IN PSYCHOLOGY (1180-01-.08(2)(B)) THIS PROGRAM PROVIDES UP TO 12 HOURS FALLING UNDER THE CATEGORY OF FORMAL ACTIVITIES WHICH ARE PSYCHOLOGICAL IN NATURE, PROVIDE DOCUMENTATION OF ATTENDANCE, AND HAVE A PRE-ASSIGNED NUMBER OF CE CREDITS, SPONSORED BY A RECOGNIZED AND RELEVANT STATE PROFESSIONAL CREDENTIALING BODY. CE CERTIFICATES WILL BE PROVIDED BY THE MHA ON BEHALF OF NASW-TN

COUNSELORS, LMFTS & OTHER PROFESSIONALS NOT LISTED

AS STATED WITHIN THE RULES AND REGULATIONS OF THE STATE OF TENNESSEE BOARD FOR PROFESSIONAL COUNSELORS (0450-01-.12-(5)-(A)-1-VI AND VII), MARITAL AND FAMILY THERAPISTS (0450-02-.12-(5)-(A)-1-VI AND VII), AND CLINICAL PASTORAL THERAPISTS (0450-03-.12-(5)-(A)-1-VI AND VII), THE HOURS APPROVED FOR THIS CONFERENCE BY APA AND/OR NASW ARE CONSIDERED PRE-APPROVED HOURS ACCEPTABLE FOR SUBMISSION OF DOCUMENTATION FOR CONTINUING PROFESSIONAL DEVELOPMENT FOR INDIVIDUALS LICENSED BY THIS BOARD. AS STATED WITHIN THE RULES AND REGULATIONS OF THE STATE OF TENNESSEE BOARD FOR PROFESSIONAL COUNSELORS (0450-01-.12-(5)-(A)-1-VI AND VII), MARITAL AND FAMILY THERAPISTS (0450-02-.12-(5)-(A)-1-VI AND VII), AND CLINICAL PASTORAL THERAPISTS (0450-03-.12-(5)-(A)-1-VI AND VII), THE HOURS APPROVED FOR THIS CONFERENCE BY APA AND/OR NASW ARE CONSIDERED PRE-APPROVED HOURS ACCEPTABLE FOR SUBMISSION OF DOCUMENTATION FOR CONTINUING PROFESSIONAL DEVELOPMENT FOR INDIVIDUALS LICENSED BY THIS BOARD.

CONFERENCE LEARNING OBJECTIVES

- PARTICIPANTS WILL BE ABLE TO DESCRIBE STEPS TO IMPROVE HEALTH OUTCOMES FOR MOOD DISORDERS, TREATMENT RESISTANT DEPRESSION, ATTENTION DEFICIT
- PARTICIPANTS WILL BE ABLE TO DISCUSS EMERGING IMPLICATIONS OF HUMOR, CLIMATE AND TRAUMA ON CLINICAL PRACTICE
- PARTICIPANTS WILL BE ABLE TO DESCRIBE ADDICTION TREATMENT MODELS & INTERVENTION STRATEGIES
- PARTICIPANTS WILL BE ABLE TO REVIEW AND DISCUSS ETHICAL TECHNOLOGY PRACTICES, ETHICAL RESPONSIBILITIES IN CLINICAL PRACTICE AND CLINICIAN WELLNESS STRATEGIES

HOTEL INFORMATION



Book for your **discounted** guest room rate for
Mental Health Association of East TN at the

NEW Knoxville Marriott!

Scan the QR Code for guest room booking at the
Symposium special rate - \$150 per night!

SPONSORS



NAME: _____

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25th FALL PSYCHIATRIC SYMPOSIUM CEs /

CMEs for:

- ☐ Nursing ☐ Physician
- ☐ Psychology ☐ Social Work
- ☐ LADAC ☐ LMFT
- ☐ LPC - MHSP ☐ Other _____

- ☐ Standard Meal ☐ Gluten Free Meal
- ☐ Vegetarian Meal ☐ Other _____

- ☐ **ADD ON: Thursday Lunch & Learn Meal**
(Limited Seating)
- ☐ **ADD ON: Friday Lunch & Learn Meal**
(Limited Seating)

CONTINUING MEDICAL EDUCATION CREDIT (ONLY REQUIRED FOR PHYSICIANS ENTER DATA BELOW):

LAST FOUR DIGITS OF SOCIAL SECURITY #: _____ BIRTH MONTH AND YEAR: _____

REGISTRATION FEES

PLEASE CHECK

MHA MEMBERS SAVE 10% ON REGISTRATION

Discounted Rate by October 31, 2022

- ☐ Thursday Only \$190
(Students w/ID \$120)
- ☐ Friday Only \$190
(Students w/ID \$120)
- ☐ Thursday & Friday \$290
- ☐ ADD \$75 MHA membership dues &
save 10% on registration*
- ☐ Required \$10 Nurse CE Certificate Fee
- ☐ Reserved Parking** (LIMITED) \$20

Regular Rate by November 1, 2022

- ☐ Thursday Only \$210
(Students w/ID \$165)
- ☐ Friday Only \$210
(Students w/ID \$165)
- ☐ Thursday & Friday \$320
- ☐ ADD \$75 MHA membership dues &
save 10% on registration*
- ☐ Required \$10 Nurse CE Certificate Fee
- ☐ Reserved Parking** (LIMITED) \$30

Late Rate on or after November 7, 2022

- ☐ Thursday Only \$225
(Students w/ID \$190)
- ☐ Friday Only \$225
(Students w/ID \$190)
- ☐ Thursday & Friday \$350
- ☐ ADD \$75 MHA membership dues &
save 10% on registration*
- ☐ Required \$10 Nurse CE Certificate Fee
- ☐ Reserved Parking** (LIMITED) \$40

Choose one session for each break-out to ensure seating is available

Thursday 10:30 AM to 12:00 PM

- ☐ A1 - Attachment Theory & Treatment Planning with Addiction Clients
- ☐ A2 - Acute Care Psychiatrist and Psych Therapy
- ☐ A3 - Heeding the Ethical Imperative of Self Care

Thursday 1:15 PM to 2:45 PM

- ☐ A4 - Healing Power of Belonging
- ☐ A5 - Spectrum of Depression & Bipolar
- ☐ A6 - Sustainable Social Media Presence to Support Clinical Practice

Thursday 3:00 PM to 4:30 PM

- ☐ A7 - Clients, Their Families & Clinicians
- ☐ A8 - Treatment Resistant Depression & Bipolar Disorder
- ☐ A9 - Moral Injury & Complex PTSD

Friday 8:30 AM to 10:30 AM

- ☐ B1 - Invisible Loyalties
- ☐ B2 - Successfully Treating ADHD
- ☐ B3 - Ethics & Technology

Friday 10:30 AM to 12:00 PM

- ☐ B4 - Treating Trauma Through Polyvagal Wisdom
- ☐ B5 - Taming the Brain Networks
- ☐ B6 - Evaluation & Treatment Facilitation

Friday 3:00 PM to 4:30 PM

- ☐ B7 - Fill up, Empty Out
- ☐ B8 - Optimizing the Treatment of ADHD
- ☐ B9 - Working with Patients who Take Psychedelics

*Professional Members are treatment professionals (MD, PhD's, RNs, LCSWs etc.) who make a membership contribution of \$75 or more to the MHA annually. Professional Member Benefits include 10% off training fees, referral listing, 50 free brochures, newsletters, bulk brochure pricing.

**Reserved parking space will be confirmed via email. MHA reserves the right to close parking registration when capacity is reached. Reserved parking is available on a first come first served basis. all payments received after capacity is reached will be refunded and attendee will be notified via email

GROUP DISCOUNTS AVAILABLE: Groups of 5-9 (5% discount); Groups of 10+ (10% discount). To qualify, individuals must be registered at the same time with corporate or clinic payment.

MAKE CHECK PAYABLE TO: MENTAL HEALTH ASSOCIATION AND SEND TO PO BOX 32731 KNOXVILLE, TN 37930-2731.

REFUNDS will be made (excluding a \$50 processing fee) for cancellations received by 5PM November 6, 2022.

Cancellation received after that date will not receive a refund.

PAYMENT: CHECK ENCLOSED _____ Or Call 865-584-9125

or FAX form with CREDIT CARD info. to: 865-824-0040

Account No _____ **Exp. Date** ____/____ **Security Code** _____

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25TH FALL

PSYCHIATRIC SYMPOSIUM

LIVE & IN PERSON

REGISTER BY MAIL OR ONLINE AT:

[HTTPS://WWW.MHAET.COM/25TH-ANNUAL-FALL-
PSYCHIATRIC-SYMPOSIUM/](https://www.mhaet.com/25th-annual-fall-psychiatric-symposium/)

MARK YOUR CALENDARS

NOVEMBER 17-18, 2022

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Address Correction Requested

DIRECTIONS

Eastbound on I-40

Take Exit 388 onto 441 South (Henley Street). The Convention Center is at the corner of Henley and Clinch Ave.

West Bound on I-40

Take Exit 387. Turn right onto Western Ave. At the third traffic light turn right onto Henley Street. The Convention Center is at the corner of Henley Street and Clinch Avenue

Southbound on I-40

At the I-275 / I-40 interchange, bear right onto 441 South (Henley Street). The Convention Center is at the corner of Henley and Clinch Avenue

Northbound on I-40

Take 129 North. Take ramp I-40 East (Asheville) stay in the right lane to Exit 388 onto 441 South (Henley Street), drive to Henley Street. The Convention Center is on the right at the corner of Henley Street and Clinch Avenue

LIMITED RESERVED PARKING

Want to save yourself the hassle of searching for a space?

LIMITED RESERVED PARKING
is available for \$20 additional fee as you register

Limited spaces will sell fast

Parking Passes will be mailed to attendees who purchase the reserved parking lot on November 1st!

