

# 24<sup>th</sup> Fall PSYCHIATRIC SYMPOSIUM

Psychopharmacology  
Update & Addiction  
Institute

NOV. 18-19  
8:30 AM - 4:30 PM

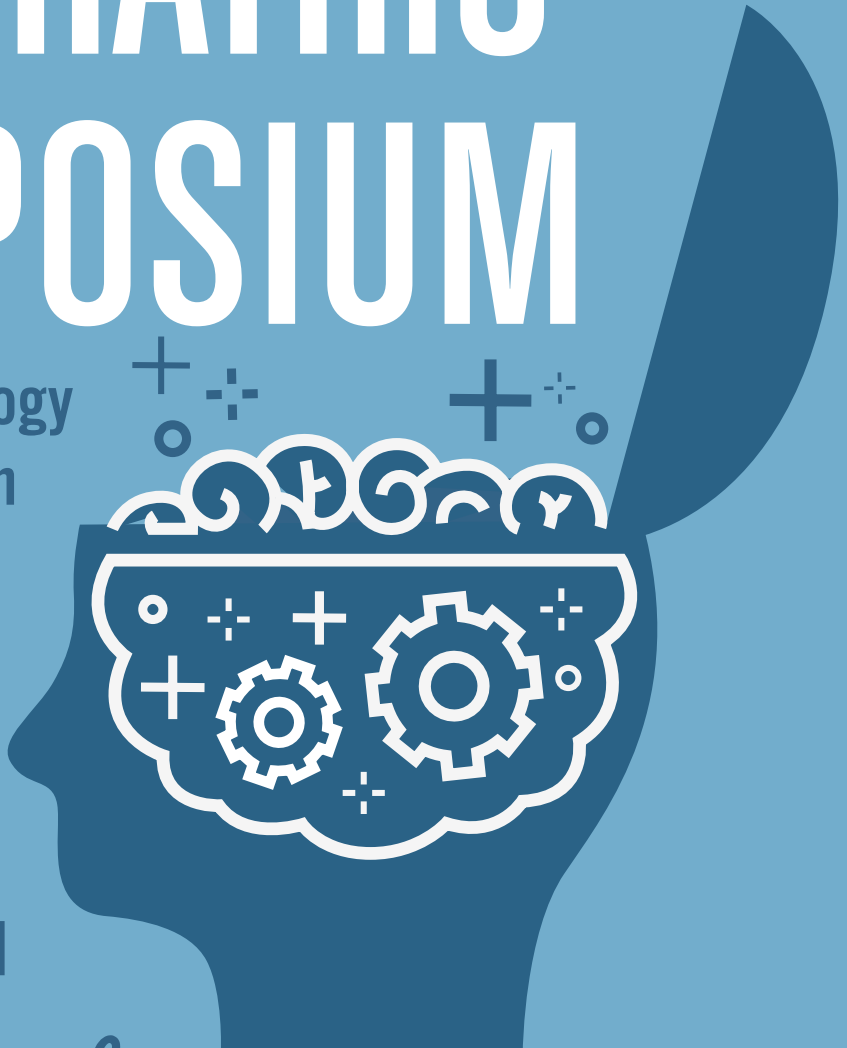
*Virtual Conference*

**REGISTER AT:** <https://24th-fall-psychiatric-symposium.heysummit.com/>

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## CONTINUING EDUCATION UNITS ACKNOWLEDGED THROUGH THE FOLLOWING:

University of Tennessee College of Nursing  
University of Tennessee Graduate School of Medicine  
Knoxville Area Psychological Association  
National Association of Social Workers – TN Chapter  
Mental Health Association of East Tennessee  
Tennessee Department of Mental Health &  
Substance Abuse Services, Division of Substance Abuse Services



**REGISTRATION CLOSING DATE:** The Mental Health Association may, in its sole discretion, close registration earlier than the published registration deadlines due to virtual platform capacity. Early registration is encouraged.

**TRANSCRIPT RECORDS REQUESTS:** Attendees receive CME or CE certificates in a timely manner after the event. Any request for archival records / certificate replacement beyond (older than) the immediate prior Symposium will be processed & will incur a \$20 certificate replacement fee payable to the accrediting organization or the Mental Health Association of East Tennessee. No fee applies to the transcript records requested within six months of the previous Symposium.

# SCHEDULE +

*Thursday, November 18*

**8:30 AM | KEYNOTE**

**PROTECTING CLINICIAN WELL-BEING DURING THE COVID-19 PANDEMIC AND BEYOND**

Michael Myers, MD

**10:30 AM | Concurrent Sessions**

**NEUROAFFECTIVE RELATIONAL MODEL (NARM) & WORKING WITH TEENAGERS**

Mike Giresi, CAC, CTP, ICADC, NMP

**MEDICAL COMORBIDITY AND MOOD DISORDERS: WHAT IS THE MECHANISTIC OVERLAP AND IMPLICATIONS FOR TREATMENT**

Roger McIntyre, MD

**RACIAL STRESS & TRAUMA**

Danielle Spearman – Camblard, Psy.D, HSP

**1:00 PM | Concurrent Sessions**

**PRIDE, POLICY, PASSION: UNDERSTANDING THE IMPORTANCE AND ELEMENTS OF A QUEER NORMATIVE™ TREATMENT ENVIRONMENT FOR THE LGBTQ+ COMMUNITY**

Michael Hinkley, PhD

**GONE TO POT? THE COMPLEX RELATIONSHIP BETWEEN CANNABIS, CANNABINOIDS & PSYCHOSIS**

Deepak D'Souza, MD

**A NEW ERA FOR VALUE MANAGEMENT: THE LOCUS FAMILY OF TOOLS**

Wesley Sowers, MD



*Pro-tip*

Session attendance will be determined by your length in the session. Please be sure that your Zoom screen name matches your registration name to receive your CEs.

### 3:00 PM | Concurrent Sessions

#### ADDICTION IN THE FAMILY - HELPING FAMILIES NAVIGATE CHALLENGES, EMOTIONS AND RECOVERY

Louise Stanger, Ed.D, LCSW, CIP, CDWF

#### STATE OF THE ART IN SCREENING, DIAGNOSING AND TREATING BIPOLAR DISORDER

Roger McIntyre, MD

#### MINDFULNESS FOR KIDS

Susan Kaiser Greenland, JD

*Friday, November 19*

### 8:30 AM | KEYNOTE

#### BETTER TOGETHER: IMPORTANCE OF SOCIAL RELATIONSHIPS IN TREATMENT OF PSYCHIATRIC DISORDERS

Vladimir Maletic, MD

### 10:30 AM | Concurrent Sessions

#### SURVIVING THE DARK CAVE: ADDICTION - HOW YOU SEE IT IS HOW YOU TREAT IT

Adrian Hickmon, PhD

#### NEW HORIZONS IN TREATMENT OF MDD

Vladimir Maletic, MD

#### ETHICS & TECHNOLOGY

Terry Casey, PhD

### 1:00 PM | Concurrent Sessions

#### DARK CAVE TO READ - SURVIVING THE DARK CAVE: HEALING TRAUMA - ONE DROP AT A TIME

Adrian Hickmon, PhD

#### IS PSYCHIATRY READY FOR PSYCHEDELIC THERAPY? - A DEEP EXAMINATION OF THE POTENTIAL ADVANTAGES AND PITFALLS OF PSYCHEDELICS

Rakesh Jain, MD & Saundra Jain, PhD

#### NAVIGATING ETHICAL & LEGAL CHALLENGES IN COUNSELING

Terry Casey, PhD

### 3:00 PM | Concurrent Sessions

#### INVITING FOLKS TO CHANGE - COLLECTIVE INTERVENTION STRATEGIES

Louise Stanger, Ed.D, LCSW, CIP, CDWF

#### BIDDING A FOND GOODBYE: EXAMINING DEPRESCRIBING AS AN ART AND SCIENCE IN PSYCHIATRY

Rakesh Jain, MD & Saundra Jain, PhD

#### BEST PRACTICES FOR DIAGNOSIS, SCREENING, AND ASSESSMENT IN A PSYCHOLOGICAL AND NON-PATHOLOGIZING MODEL

Jeff Ball, PhD & Adriana West-Trent



## *Pro-tip*

To access the conference, return to the conference website, enter your registered email address, click on the link that will be sent to your registered email account, that will take you back to the conference where you can access the session(s) you want to watch.

# CONTINUING EDUCATION INFORMATION: • +



## PHYSICIANS:

**ACCREDITATION:** This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council For Continuing Education through the joint providership of the University of Tennessee College of Medicine and the Mental Health Association of East Tennessee. The University of Tennessee College of Medicine is accredited by the ACCME to provide continuing medical education for physicians.

**EDUCATION CREDITS:** The University of Tennessee College of Medicine designates this live activity for a maximum of 12 AMA PRA Category 1 Credits. Physicians should claim only the credit commensurate with the extent of their participation in the activity. Physician Assistants may use these credit hours toward certification renewal. This credit is acceptable by the American Academy of Physician Assistants (AAPA).

**PAS, NPS AND NURSES:** Physician Assistants, Nurse Practitioners and Nurses may use these credit hours toward certification renewal. This credit is acceptable by the American Academy of Physician Assistants (AAPA), American Nurses Credentialing Association (ANCC) and the American Academy of Nurse Practitioners (AANP).

**NURSES:** This program provides up to 12 contact hours through The University of Tennessee, College of Nursing. The University of Tennessee College of Nursing is an approved provider of continuing nursing education by the American Nurses Credentialing Center. The specific criteria for awarding contact hours for this event includes: breakout session attendance and completion of the session evaluation AND the completion / submission of conference evaluation. Participants must ADD & include \$10 CE Fee with registration.

**PSYCHOLOGISTS:** KAPA maintains responsibility for this program and its content. KAPA has designated up to 12 Type II credit hours for attendees of the 24th Fall Psychiatric Symposium; up to 6 CE credits for each day Thursday, November 18th, and Friday, November 19th.

The Symposium presentations will be pre-recorded, with live 15 minute Q&A sessions at the end of each segment. Because of this format and APA guidelines for Type I CE credits, KAPA will not be able to offer Type I certificates for participation in the Symposium this year. The credits obtained through KAPA for participation at the Symposium will be Type II CE credits. Under normal circumstances, Type II CE credits obtained via the internet are not eligible to fulfill the TN Board of Examiners in Psychology CE requirements for licensure recertification.

However, based on consultation with the TN BOE, KAPA has confirmed that the requirement for live in-person CEs has been suspended through the end of the year, so the Type II credits you receive from the Symposium will fulfill your Type II requirements for licensure.

See the KAPA website, [www.knoxvilleareapsychology.org](http://www.knoxvilleareapsychology.org) for additional information on individual workshops including educational objectives and instructional level. There is an additional \$20 fee for non-KAPA members wanting CE credit from KAPA. This fee is payable with your registration.

**SOCIAL WORKERS:** This program was approved by the National Association of Social Workers – Tennessee Chapter (Provider Number: NASWTN 2021-0103) for up to 12 continuing education units.

**LICENSED MARRIAGE & FAMILY THERAPISTS:** LMFTs are required by the TN Licensure Board to earn “Soft CEUs” or contact hours. Contact hours earned equal the total number of hours attended. Attendees may earn up to 12 contact hours based upon actual attendance.

**LICENSED ALCOHOL AND DRUG ABUSE COUNSELORS:** This training is approved by the Tennessee Department of Mental Health and Substance Abuse Services, Division of Substance Abuse Services, for up to 12 LADAC contact hours.

**PROFESSIONALS NOT LISTED OR LICENSING BOARD:** Please note your accrediting organization may accept a certificate of attendance (contact hours) for attending the Fall Psychiatric Symposium. Certificates will be provided based on actual hours of attendance. It is the attendee's responsibility to verify the accrediting body can accept and apply this certificate of attendance toward CE requirements they may maintain.

# MEET OUR *Speakers*



Michael Myers, MD



Michael Hinkley, PhD  
LMSW, LAD



Roger McIntyre, MD



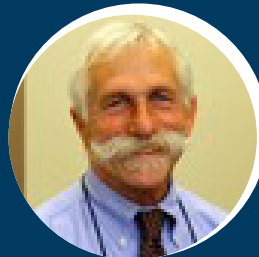
Danielle Spearman –  
Camblard, Psy.D, HSP



Mike Giresi, CAC, CTP,  
ICADC, NMP



Deepak Cyril D'Souza, MD



Wesley Sowers, MD



Louise Stanger EdD,  
LCSW, CDWF, CIP, CSAT-1



Susan Kaiser Greenland, JD



Vladimir Maletic, MD



Adrian Hickmon, PhD



Terry Casey, PhD



Rakesh Jain, MD



Sandra Jain, MA, PsyD, LPC



Jeff Ball, PhD



Adriana Westby-Trent, PhD

**NOTE: THE MENTAL HEALTH ASSOCIATION MAY CLOSE REGISTRATION EARLY DUE TO FACILITY OR SESSION CAPACITY!**

**24th FALL PSYCHIATRIC SYMPOSIUM CEs / CMEs For:** ☐Nursing ☐Physician ☐Psychology ☐Social Work ☐LADAC

☐LMFT ☐Other \_\_\_\_\_

Name: \_\_\_\_\_ Degrees: \_\_\_\_\_

Affiliation \_\_\_\_\_ Email: \_\_\_\_\_

Address \_\_\_\_\_

City/State/Zip \_\_\_\_\_ Phone: \_\_\_\_\_

**Continuing MEDICAL Education Credit (ONLY Required for Physicians enter data below):**

Last four digits of Social Security # \_\_\_\_\_

Birth Month and Year \_\_\_\_\_

## REGISTRATION FEES

## PLEASE CHECK

## MHA Members Save 10% on Registration

### DISCOUNTED RATE RECEIVED BY OCTOBER 31, 2021

- ☐ Thursday ONLY \$165 (Students w/ID \$120)
- ☐ Friday ONLY \$165 (Students w/ID \$120)
- ☐ Two days \$225
  - ☐ TH
  - ☐ F
- ☐ ADD \$75 MHA Membership dues and save 10% on registration\*
- ☐ ADD \$20 Non-KAPA Member fee
- ☐ REQUIRED \$10 Nurse CE Certificate fee
- ☐ Discounted Fee – Total Due \$

### REGULAR RATE RECEIVED ON NOVEMBER 1, 2021

- ☐ Thursday ONLY \$185 (Students w/ID \$140)
- ☐ Friday ONLY \$185 (Students w/ID \$140)
- ☐ Two days \$250
  - ☐ TH
  - ☐ F
- ☐ ADD \$75 MHA Membership dues & save 10% on registration\*
- ☐ ADD \$20 Non-KAPA Member fee
- ☐ REQUIRED \$10 Nurse CE Certificate fee
- ☐ Discounted Fee – Total Due \$

### LATE RATE ON OR AFTER NOVEMBER 7, 2021

- ☐ Thursday ONLY \$200 (Students w/ID \$165)
- ☐ Friday ONLY \$200 (Students w/ID \$165)
- ☐ Two days \$275
  - ☐ TH
  - ☐ F
- ☐ ADD \$75 MHA Membership dues and save 10% on registration\*
- ☐ ADD \$20 Non-KAPA Member fee
- ☐ REQUIRED \$10 Nurse CE Certificate fee
- ☐ Discounted Fee – Total Due \$

## GROUP DISCOUNTS AVAILABLE | MUST CALL 865-584-9125 :

Groups of 5-9 (5% discount); Groups of 10+ (10% discount). To qualify, individuals must be registered at the same time with corporate or clinic payment.

MAKE CHECK PAYABLE TO: MENTAL HEALTH ASSOCIATION AND SEND TO PO BOX 32731 KNOXVILLE, TN 37930-2731.

REFUNDS will be made (excluding a \$50 processing fee) For cancellations received by 5PM November 6, 2021.

Cancellation received after that date will not receive a refund.

PAYMENT: CHECK ENCLOSED \_\_\_\_\_ Or Call 865-584-9125 or FAX form with CREDIT CARD info. to: 865-824-0040

Account No \_\_\_\_\_ Exp. Date \_\_\_\_/\_\_\_\_/\_\_\_\_ Security Code \_\_\_\_\_

Card Billing Zip Code \_\_\_\_\_

☐VISA ☐MasterCard ☐American Express ☐Discover

Signature \_\_\_\_\_

\*Professional Members are treatment professionals (MDs, PhDs, RNs, LCSWs etc.) who make a membership contribution of \$75 or more to the MHA annually. Professional Member Benefits include: 10% off training fees, referral listing, 50 free brochures, newsletters, bulk brochure pricing.

**JOIN TODAY – SAVE 10% OFF Registration**



# CONFERENCE LEARNING OBJECTIVES:

- Participants will be able to describe emerging treatments and practices in treatment of MDD, Bipolar Disorder, Psychosis & other disorders
- Participants will be able to discuss medical comorbidities in mood & substance use and implications for treatment
- Participants will be able to review best practices for de-prescribing psychiatric medications
- Participants will be able to describe addiction treatment models, intervention strategies
- Participants will be able to review and discuss ethical technology practices, ethical responsibilities in clinical practice, and clinician wellness strategies

## MAKE SURE TO CHECK OUT THE VIRTUAL EXHIBIT HALL!

FOR SPONSORSHIP & EXHIBITOR OPPORTUNITIES

contact Ben Harrington at [ben@mhaet.com](mailto:ben@mhaet.com) -or- 865-604-0096

*Thank you to our Sponsors!*



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Knoxville, TN 37923

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Address Correction Requested

**MARK YOUR CALENDARS!**

*November 18-19, 2021*

**Up to 12 Hours CME / CE**

