

Workplace Conference Registration:

The fee for this program is **\$49.00** for registrations received by May 16, 2011. After that date the fee will be \$59.00. Fees include lunch and materials.

Please forward your registration and fee payment to:

Mental Health Association
P.O. Box 32731
Knoxville, TN 37930-2731

Credit Card Registration is also available by phone at 865-584-9125; by fax at 865-824-0040 or by mail.

Special dietary needs: _____

Name _____

Employer _____

Address _____

City/State/Zip _____

Phone _____

Email _____

___ Check Payment Enclosed, or

Credit Card ___ Visa ___ Master Card

Account # _____

Expiration _____

Signature _____

Nominate Your Company for the Mental Health Matters in the Workplace Awards !!



Annually we try to recognize employers who embrace our philosophy that mental health, does indeed matter in the workplace. Nominate a worthy employer by sending a two page statement of your mental health promotion activities to our mailing address or email it to:

ben@mhaet.com

Past Recipients:

**2009 Blount Memorial Hospital
Knox County Government**

2010 Pellissippi State & Team Health

Pellissippi State (pictured above) was recognized for its supervisor training track record and providing employee lunch and learn opportunities throughout the year.

TEAM HEALTH was recognized for converting the MHA's Mental Health Matters in the Workplace Toolkit into an employee "intranet" of online resources, screening tools, educational fact sheets and recovery tools for its employees across the country.



Agenda

8:30 Check in

9:00 *Introduction & Announcements*
Ben Harrington
Executive Director
Mental Health Association
of East Tennessee

9:15 "Flight 1549 Survivor Tells All!"



Vallie Collins
Sales Account
Manager

Tapemark

10:15 "Workplace Aggression & Bullying"

Joel Neuman, PhD
Director, Center for
Applied
Management
SUNY New Paltz
School of Business



11:15 Break - Enjoy the Exhibits

11:30 "Workplace Aggression & Bullying" continued

12:30 *Networking Lunch (Provided)*

Mental Health Matters in the Workplace Award

1:30 "Sleepy Employees: Implications for Employees and Businesses and Strategies to Get More Sleep!"



Clare Miller, Director
Partnership for Workplace
Mental Health

2:30 "Is Substance Abuse Costing Your Company?"

Rod Bragg, Deputy Commissioner
TDMH Division of Alcohol & Drug
Abuse Services

3: 30
Door Prizes

*Evaluation & Technical Assistance
Sign Up*

4:00 **Adjourn**

Any Questions?

Call 865-584-9125

Our Speakers:

Vallie Collins: While on a business trip to New York, she along with 150 other passengers experienced the traumatic crash landing of US Air Flight 1549 in the Hudson River. She will vividly tell her tale, from the details of that fateful day in January 2009 to the recurring, posttraumatic after effects, a Workers' Comp Claim and the support her employer provided her on her road to recovery.

Clare Miller is the Director of the Partnership for Workplace Mental Health. The partnership collaborates with employers to effectively promote approaches to mental health. As director, Clare is responsible for the strategy and execution of the program, networking with more than 4,000 employers and related health purchasing stakeholders. Before joining the Partnership, Clare was Manager of the Center for Prevention and Health Services at the National Business Group on Health.

Joel Neuman, PhD is the Director for Applied Management at the SUNY New Paltz School of Business. He is an expert on workplace aggression and bullying and has studied workplace stress for decades. He has explored the nature, prevalence, causes, and consequences of a wide range of "negative" workplace behaviors. He has consulted with numerous businesses to focus on developing environments in which individuals are valued, treated with respect, and empowered to engage in activities that benefit themselves, the people with whom they work, and the organizations in which they are employed.

Rod Bragg is the Deputy Commissioner for Alcohol and Substance Abuse Services at the Tennessee Department of Mental Health.

Certificates of Attendance & CE Credits

Attendance: All participants will receive a certificate of attendance for 5.25 contact hours of professional development / continuing education which can be submitted for credit with organizations not listed below.

Human Resource Professionals: Human Resource Certification Institute (HRCI) credit application has been submitted and pending review / approval for (General) recertification credit hours toward PHR, SPHR and GPHR recertification through the HR Certification Institute.

EAP Professionals: Professional Development Hours for the Employee Assistance Professionals Association are approved by the Employee Assistance Certification Commission. Approval for up to **5.25** Professional Development Hours has been submitted to the Employee Assistance Certification Commission.

LADAC: This training is approved by the TDMHDD, Division of Alcohol and Drug Abuse Services, for up to 5.25 LADAC CEUs.

Proudly Supported By:



Mental Health Matters In the Workplace: Trauma, Bullying, Sleep Loss and Addiction



May 20, 2011
9:00 AM – 4:00 PM

Rothchild Catering & Conference
Center
8807 Kingston Pike
Knoxville, TN 37923

Who should attend?

*Executives,
Supervisors, Human Resources
Staff, Risk Managers, Health
Insurance Purchasers, EAP Staff
and Mental Health Professionals*

Sponsored by:

Bradford Health Services
Cornerstone of Recovery
Cumberland Heights
Humana LifeSynch EAP
Partnership for Workplace
Mental Health
Tennessee Insurance Service
United Health Care
Community Plan

Mental Health Association
of East Tennessee
PO Box 32731
Knoxville, TN 37930-2731

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